

0 (0s):

So, are you an introvert or are you an extrovert? Which one? I was listening to the Jordan Harbinger show and he was interviewing Reid Hoffman. The co-founder of LinkedIn. He describes himself as a six person or less extrovert. I'd never heard that before. Introvert extrovert. It doesn't matter. You need to hear that episodes can blow your mind, search for it. Listen to it and follow the Jordan Harbinger show. Wherever you get your podcasts. Oh, it's episode six 11. One of his latest How are you?

0 (43s):

Happy, happy, happy Monday, man. I'm feeling like rocking today. Like I'm going to light the afterburner. You hear that a lot. You know what an afterburner is really? You put jet fuel through an engine. It burns when it comes out, the hot exhaust, you throw more jet fuel on it. It goes, it's an afterburner. And that's what I want you to do with your life today is that I know it's a Monday after you kidding me, Scott, on a Monday. Yeah. All right. Today, we're gonna talk about change because change is the only thing that is constant in your life. Winston Churchill said that people say, I don't want change, which is kind of like saying kind of do changes is going to be there. We've got to get used to it. Simple way of thinking about it. Simple things to do to make it easier for you. I'll tell you how to do that today. If that's cool, it's the daily boost from motivation to move.com positive boost.

0 (1m 27s):

You need every single day. You're the boss of you, that's it. And you say, I want to do this, and then you just gotta hold yourself to it. And that's the problem because you're the boss of you. You don't have to write, it took me years to figure that out. So I go, Hey, Scott, you want to do this? And then I didn't. And I said, well, why not? I said, well, I'm the boss of me. Good question. It's like, all right, Dan. So it's kind that responsibility thing, right? So you're the boss of you. We're going to help you at stand up and do that today and become everything you want to be now, by the way, if it's the first time you're coming in today, you gotta understand this is a very personable, upbeat show. We're real. We speak this thing. Oh, we speak a special language around here. We call it Scott logic, which is most people call common sense. It's it's an advanced version of common sense.

0 (2m 7s):

Now in the world we live in today, particularly when it comes to personal development, there's there's most people don't speak common sense anymore. They speak unicorn rainbows really well. I love that. I love myself a good unicorn rainbow. I do take pictures of rainbows all the time. Unicorns. I want admit to that, but the truth is the world is kind of a wacky place. Wacky meeting, eel, all that stuff sometimes just happens not going to change. So it's going to be that way. So we speak common sense around here. And if you speak common sense or want to learn common sense, you found the right place because this is how you get exactly what you want. And I'm glad you're here today. Did I say who was sometimes I forget. My name is Scott Smith, founder, chief motivating officer here@motivationtomove.com no going backwards, no editing.

0 (2m 49s):

We hit the button. We go forward until it's over and I'm up for the ride because it's always a ride. Can you imagine how powerful your network would be? If you could pick up the phone and call Reid Hoffman, the co-founder of LinkedIn. That's what Jordan Harbinger did for a recent episode on the Jordan Harbinger show. He's our sponsor today. Every show makes you smarter. I promise you that he decodes the stories. The secrets of skills of the worlds was fascinating. People in-depth conversations. You're going to learn something from these people. They're at the top of their game. They're going to teach you something a promise. Now, Reid Hoffman. He is not only the co-founder of LinkedIn. He wrote a book called masters of scale, surprising truths from the world's most successful entrepreneurs. If you're an entrepreneur, I thought about running your own side hustle. If you'd listened to it, two things caught my attention.

0 (3m 30s):

Reid calls himself a six person or less extrovert. In other words, small groups, he does really well. Also how to identify the five kinds of know. So you can really use them in your business. I don't have time to go into it right now. So you should go listen to the episode. Episode six 11 of the Jordan Harbinger show. It's one of the biggest, most listened to podcasts in the world. It's easy to find search for it, listened to it and follow the Jordan Harbinger show. Wherever you get your podcasts, Facebook group is going pretty well. You're welcome to join us. Facebook groups.com/hang on facebook.com/groups/daily boost, podcast, positive, upbeat. They're calling themselves boosters over there. And I think they are because we're kind of, if you like what I do, I listen, I'm moderating that group just like this.

0 (4m 13s):

So it's the same thing. If you dig what I'm doing here, you'll like the Facebook groups that get over there. They're calling himself boosters. And I think their mantra this past week is hell I can't something I started last week. Evidently there are three questions you have to answer. When you come in, how long have you been listening? What do you want to get from the group? And what's your big ass goal. And some dude last week came in and I said, what's your big ass call? He said, N O Y B, none of your business pale it. Isn't my group. It's my people. We go, we hang together. You're not gonna answer that question. You didn't get to come in. You're blocked. You sent me a personal email. Scott, why didn't you let me in? I said, you didn't answer my question. He said, it's none of your business. I said, hell, it's not okay.

0 (4m 53s):

Before I told you I was going to light the afterburners. Some people don't think this is crazy, but I'm telling you, if you get on board with straight thinking, common sense, thinking, shake off all that agenda and propaganda coming at you from everybody and everything around you, the news and everything. Get, get smart with the stuff. You know, that's inside of you. That really truly works. And you know, you know, you know the difference. If you start doing that, you change your life. You'll sleep better, less stress, guys. You'll keep more hair on your head. It's going to be awesome. So Monday is we always ask the question, have you done your homework? Did you ask yourself a simple question? How's my life going?

0 (5m 36s):

Love it or list it. Now it is. If you love it, hang on to it. Find a way to keep it that way. Everything you like about your life. Keep it that way. If not put it on Craigslist, get rid of it, all the stuff you don't like to sell it, give it to somebody else. They'll buy it. You know, they will all see if you hate in your life. Oh, I hate this. I need to get up. Put it on Craigslist, put it on a Facebook marketplace. Go ahead, somebody buy it. They'll buy cheap. They'll come to your house and pick it up for you. Probably give you a couple of bucks for it too. But until you know what, you really Scott see, that's a common sense. Metaphor. Most people you would never get that. Tony Robins would never say that. He just wouldn't. He can't, he, he doesn't know how to do that. So change. And are there four steps to changing?

0 (6m 18s):

Well, yeah, this is probably more than that, but you don't need them actually. In truth, common sense. Got logic. You probably just don't even need four steps. You just need one. And I always say that because in my life time, and we're just paying attention to stuff, being very self-aware. I think the number one step in everything you do being self-aware is that I just kind of noticed it. Didn't when I decided to change, it happened even don't set yourself done. Sometimes it happened for you. Sometimes you did it on your own. So I don't know you need four, but I'll give you four anyway, because you know, give your money's worth here. So when you want to make a difference in your life, it is it's a process of nonstop actions to get what you want. We know that right? And getting what you want and keeping you want is what it's all about.

0 (6m 59s):

Now, these actions are going to take place. We know that you got to do something. If you don't do nothing, you get nothing else. Sometimes you don't do nothing. You get something. You ever notice that something you don't pay your bills, you get in trouble. Right? It's weird. I just did nothing. Don't play me. Yeah, but you didn't pay your bill on time. That's why we're taking your house away. Yeah, but I didn't do anything. You didn't pay your bill on time, but that's real world talk in some, some places, but we don't do that around here. If you don't do nothing, sometimes you do get in trouble. You gotta be careful with that. Right? So whatever you gonna make change, here's what happens. You're ready. Number one, you decide everything begins. When you have a decision to head off in a new direction. Right? Common sense. Sometimes you may feel like you made a decision.

0 (7m 42s):

You ever feel that I've made a decision, Scott, but my life is not changing. Okay? You're probably not moving. If you're not moving towards your goal. If you're not doing this stuff, it takes every single day. You haven't really made a decision because the decision should I see a decision is literally to cut off another option. And in when we have a goal we've talked about the past couple of weeks, goals are basically you'll achieve a goal that has the most value to you. If there is another option, an alternative that has more value, you're going to go after that one instead. So if you've made a decision and you're not moving toward it, very likely it wasn't a decision. You kind of made the opposite decision. I'm going to go do this. Not really. You kind of

said, I'm going to stay here until things line up and things get perfect for me. And then I'll go do it. No, that's not true. So make a decision.

0 (8m 22s):

Number two, define aimless. Wandering is really fun when that's what you've decided to do. I do it all the time about my motorcycle, my new road king, I just bought, they couldn't believe me. I go down to the Harley. They say, come on, Scott, buy a CVL. You can buy anything you want in this place. She said, yeah, I used to have that. I've had 4, 5, 4 or five Harleys now on four. And I said, I want a road king, you know, road king, doesn't have a radio road. King. Doesn't have a GPS. Yeah, it's a motorcycle. I can get lost. I can turn down a road, get caught in a bad neighborhood and go how to get here. I bought a Harley. Amos. Wandering is fun. When you want to do it. Otherwise it's frustrating. Exhausting. It takes place more than you think. By the way, when you define your path, you get to walk your path. Pretty much that simple, right? If you don't know what path you're going to walk, how are you gonna walk it civil?

0 (9m 7s):

So you, you, you decide. And then you define that. What do you do? Well, you got to get busy, right? Deploy. That's military talks. See, I started the show with afterburner. Now I'm saying deployed. So it's like as Dole as the advice me be putting your plan into action is the only way for you to get what you want. If you don't deploy, you're not going to get it. That's it. What's God. I know. I want it. I decided I deserve it. I have, well, they never severed it. If you don't deploy, if you don't get what's inside your head, your dream is inside your head. If you don't get it, you know what? I'm talking the truth here. If you don't do that, you're not going to get it. Is it fair? Yep. Just going to say it is, how do others get where they want?

0 (9m 48s):

Well, they defined it. They decided to do it. And they deployed, they gotten busy, they got busy. And finally a defense. You have to defend what you're, what you're going for here. You got to defend it because after working really hard, there's only one thing I can really, really guarantee you. This is the positive, upbeat thing that I just want you to know and notice I'm very optimistic because I see the world that way. I just see it like, okay, great. I worked really hard. I decided to do what I wanted. I made that decision. I said, I'm going to define exactly. I'm on my path. I'm walking the path. I have deployed it. I got it happening. But now I've worked so hard and I can guaran as my dad would say, years and years ago. Garin damn Welty. Garren Nam. Well to you. Yeah. At something or somebody is going to try and take it away.

0 (10m 32s):

That's not good. That's not bad. That's life. When you find what you love, be sure you defend it so that you never lose it. There is some XE Azumie Zuni out there. Maybe even millennials say Garren damn wheel T yeah. Where the heck did that come from? Watch. I love Lucy or something like that. Okay. You'll figure it out. It's along me TV. It's probably on there somewhere. Right? I what's coming up this week. Aside from you go into the Facebook group, [facebook.com/groups/daily boost](https://www.facebook.com/groups/dailyboost), podcast stuff coming up next week, wisdom,

wealth. He's got a launch. Gonna make you some money. If you want to make it completely voluntary, not going to force you to do anything you want to do. Even if it's making money. Gotcha. Tomorrow say yes to yourself. Really. Scott would talk about that yet.

0 (11m 13s):

Why boring is being the boss, where you should put your focus every single day and joyful life. So I love to talk about no matter what happens, that's on Friday show. They get them all. I think you've got a ball. That's all my shows have a great day. I'll see you tomorrow. And we'll let the afterburner again. Cause it was kind of fun.